

Please order and pay at the bar
and we'll do the rest.

Desserts

Homemade Warm Chocolate Fudge Cake 1-3-5 (trace 6-7-8)	€4.75
<small>served with cream or ice-cream</small>	
<i>Add any tea or coffee</i>	€5.75
Jack's Delicious Banoffi Pie 1-7 (trace 8)	€4.75
<small>soft caramel on a biscuit base, topped with banana served with cream or ice-cream</small>	
<i>Add any tea or coffee</i>	€5.75
Homemade Apple Crumble 1-8	€4.75
<small>served with cream, ice-cream or custard</small>	
<i>Add any tea or coffee</i>	€5.75
Irish Vanilla Ice-Cream 1-3-7	€4.00
<small>served with chocolate sauce</small>	

Kids Specials (Under age of 12 years)

Sausages or Chicken Gougons 1-3-5-6 (trace 7-9-10)	€8.00
<small>with potatoes & vegetables or chips</small>	
Spaghetti Bolognese 1-3-5-6-7-8 (trace 9-10-11)	€8.00
Pesto Spaghetti 1-3-5-6-8-11 (trace 7-9-10)	€8.00
Fresh Fish & Chips 1-3-4-6-7 (trace 2-9-11-14)	€8.95
<small>fresh haddock in seasoned breadcrumbs, served with tartare sauce with a choice of chips or potatoes & vegetables</small>	

Hot Beverages

Coffee / Tea / Latte / Selection of Herbal Teas	€3.10
Hot Chocolate with Marshmallows	€3.30

All served with complimentary handmade Irish chocolate.

Extra *chocolates - 50c each (*chocolates may contain nuts - 1-3-5-6-7-8-9-10-11-12-13)

Soft Drinks    €2.00

Allergens Codes:
1=Gluten 2=Crustaceans 3=Eggs 4=Fish 5=Peanuts 6=Soya
7=Milk 8=Nuts 9=Celery 10=Mustard 11=Sesame Seeds
12=Sulphur dioxide & sulphites 13=Lupin 14=Molluscs

Please inform us on making your order. Nuts are used on the premises. Despite our best efforts there maybe cross contamination with allergens such as gluten in our kitchens. Please alert us to the fact that you have an allergy and we will help you to the suitable option. We cannot guarantee our kitchen will be 100% allergen free. Disclaimer: allergen codes are used as a guide but some trace ingredients may be missed in the formation of the items on the menu.

Opening Hours

Menu:	Monday-Thursday : 11.30am-10pm
	Friday-Saturday : 11.30am-10.30pm
	Sunday : 11.30am-10pm
Bar:	Monday-Thursday : 11.30am-11.30pm
	Friday-Saturday : 11.30am-12.30am
	Sunday : 11.30am-11.00pm

Gift Vouchers available

All meals available to take-away
7 Days - 12 noon-10pm Tel: 01-288 7102

Welcome to
Jack O'Rourke's

Lunch Menu

11.30am-4.00pm Monday-Friday
(excluding Bank Holidays and Public Holidays)



For almost 200 years this renowned tavern has served the people of Blackrock. In 1921 Mary O'Rourke, who then carried on the business of vintners, grocers and tea merchants, purchased the premises. One of her four sons, Jack, succeeded her and for over 50 years carried on successful trading.

The present generation of O'Rourke's have refurbished the premises to its former and original splendours.

We hope that your visit to Jack O'Rourke's will be an enjoyable occasion and look forward to seeing you again.

All food available for Take-Away
Group bookings catered for
Orders or Enquiries : 01 288 7102

Email: info@jackorourke.com
www.jackorourke.com

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and we'll do the rest.

Starters

- Homemade Soup**  1-5 (trace 7-9-10) €5.20
served with soda bread
- Three Goats Cheese Parcels** 1-3-6-7-8 (trace 9-10-11) €6.95
served with a tasty tomato relish & light green leaves
- Classic Prawn Cocktail**  1-2-4-7 (trace 6-8-11) €9.25
wild Atlantic prawns, Boston Bay prawns, served with a mixed lettuce,
Marie Rose sauce, and soda bread

Salads

- Seafood Salad**  1-2-3-4-7-10 (trace 6-8-11) €10.95
Atlantic prawns, Boston Bay prawns, fresh organic salmon, smoked salmon,
tomatoes, peppers, cucumber, mixed leaf salad & light vinaigrette dressing
- Warm Spicy Chicken Salad**  1-5-6-8-9-10-11 (trace 12-13) €10.95
warm marinated shredded chicken breast, tomatoes, peppers, cucumber,
mixed lettuce leaves with a small serving of coleslaw & homemade soda bread
- Smoked Salmon & Feta Cheese Salad**  1-4-7 (trace 2-6-8-11) €9.95
Irish smoked salmon served with feta cheese, tomatoes, peppers,
cucumber and mixed leaf salad
- Feta Greek Salad**  1-7 (trace 6-8-11) €7.95
tomatoes, cucumber, olives, capers and feta cheese
with a light dressing, served with soda bread **Add Pesto Bread** €9.95

Sandwiches

- House Club Sandwich** 1-3-5-6-8 (trace 9-10-11) €7.65
ham, chicken, cheese, tomato, lettuce & coleslaw – Double Decker
Add Chips €9.65
- Choice of Toasted Sandwiches Made to Order** 1-3-7 (trace 5-6-7-11-13) €5.25
cheese / tomato / onion – served on white or brown bread

Wraps

- Jack's Plain Chicken Wrap** 1-3-5-6-8 (trace 9-10-11-13) €7.65
warm shredded Cayun chicken served with garlic Mayo **Add Chips** €9.65
- Mary's Cajun Chicken Cheese Salad Wrap** 1-3-6-7 (trace 5-8-9-10-11-13) €7.65
warm shredded Cajun chicken, Cheddar cheese, tomato &
mixed leaves & garlic mayo **Add Chips** €9.65

Vegetarian Menu

- Vegetarian Mixed Platter** 6-7-10 (trace 3-11-12) €9.95
choose any 3 side portions to create your own perfect vegetarian meal
- Toasted Sandwich** 1-6 (trace 7-8-11) €5.25
cheese, tomato & onion sandwich
- Homemade Goat's Cheese Parcels** 1-3-6-7-8 (trace 9-10-11) €9.95
- Pesto Spaghetti** 1-3-5-6-8-11 (trace 7-9-10) €9.95
bowl of classic spaghetti served with tasty basil, parmesan &
roasted pine nuts pesto sauce

Soft Drinks    €2.00

Gluten free gravy available on request.
 Gluten free option available on request (except on soda bread)

All meals available to take-away
7 Days – 12 noon-10pm Tel: 288 7102

Gift Vouchers available

Main Courses

- Homemade Lasagne** 1-3-5-6-7-8 (trace 9-10-11) €9.95
prime Irish Beef with layers of pasta & Bolognese sauce topped with a tasty
cream sauce & a sprinkle of Cheddar cheese, served with chips & light green salad
- Baked Breast of Chicken Supreme** 1-5-6-8-9-10-11 (trace 12-13) €10.95
in seasoned breadcrumbs served with potatoes & vegetables or chips,
with choice of gravy, BBQ sauce or garlic butter
- Homemade Cottage Pie** 1-3-5-6-7-8 (trace 9-10-11) €9.95
minced Irish beef, mixed with peas & carrots, topped with a fluffy potato,
served with potatoes & vegetables or chips
- Fresh Fish & Chips** 1-3-4-6-7 (trace 2-9-11-14) €10.95
fresh haddock in seasoned breadcrumbs, served with tartare sauce
with a choice of chips & a light green salad or potatoes & vegetables
- Jack's Traditional Irish Stew** 1-3-6-7-8 (trace 9-10-11) €10.95
– A hot bowl of goodness tasty lamb and Irish vegetables served with soda bread
- Fresh Organic Irish Salmon**  4-7-9 (trace 2-1-9) €14.85
darne of salmon, served with potatoes & vegetables or chips,
and a light dill sauce
- Beef & Guinness Pie** 1-3-6 (trace 7-9) €10.95
tasty Irish beef marinated in Guinness in a tasty puff pastry pie
served with chips & a light green salad or potatoes & vegetables
- Handmade Goat's Cheese Parcels** 1-3-6-7-8 (trace 9-10-11) €9.95
served with a mixed salad, tasty relish & chips
- Chicken Curry** 1-3-5-6-7-8 (trace 9-10-11) €11.95
diced chicken breast served in a tasty curry sauce
served with Basmati rice or chips
- Homemade Spaghetti Carbonara** 1-2-3-4-5-6 (trace 7-9-11) €9.95
bacon bits in a tasty homemade carbonara cream sauce, served
with Parmesan cheese
- Homemade Spaghetti Bolognese** 1-3-5-6-7-8 (trace 9-10-11) €9.95
a bowl of classic rich Bolognese sauce, tasty spaghetti
& grated Parmesan cheese
- Sausages & Chips** 1-3-5-6 (trace 7-9-10) €9.95
served with vegetables, and a choice of gravy,
BBQ sauce or garlic mayo
- Chicken Gougons & Chips** 1-3-5-6 (trace 7-9-10) €9.95
served with vegetables, and a choice of gravy,
BBQ sauce or garlic mayo
- Deep Fried Scampi** 1-2-3-4-5-6 (trace 7-9-11) €10.95
served with tartare sauce, chips & a light green salad

Side Portions

(Not sold separately – only with starter or main meal)

- Tomato, Peppers, Cucumber & Mixed Leaf Salad** (trace 6-11) €3.50
- Chips, Mashed Potato or Boiled Potato** (trace 6) €3.50
- Sweet Potato Fries with Garlic Mayo** (trace 6-4-1) €4.00
- Handmade Thick Chips with Garlic Mayo** (trace 6-4-1) €4.00
- Steamed Broccoli & Carrots** €3.50
- Steamed Basmati Rice or Spaghetti** 1-3 (trace 7) €3.50
- Peppered Sauce** 1-3-5 (trace 6-7) €1.00
- Onions Rings** 1-3 (trace 6-7) €3.50
- Pan-Fried Onions** 7 €3.50
- Pan-Fried Mushrooms** 1-3-5-6 (trace 7-9) €3.50
- Breaded Garlic Mushrooms** 1-8-9-11 €3.50
- Coleslaw** 3-6 (trace 6) €1.00
- Homemade Brown Bread** 1-3 (trace 6-7) €1.00
- Garlic Bread** 1-6 (trace 7-9) €2.00
- Pesto Bread** 1-5-6-7 (trace 8-9-11) €2.00

Desserts €4.75
Add any tea or coffee €5.75

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and we'll do the rest.

Change you
chips to sweet
potato fries or
handmade
thick chips
€1 extra